



## HYDRATION

# Professional Grade Hydration Sqwincer® Sqweeze® Zero



- WATERMELON
- DRAGON FRUIT
- PUNCH
- ORANGE
- MIXED BERRY

**BRC**

Food Safety

CERTIFICATED

- » Frozen format cools core body temperature fast
- » Perfect for the First Aid Room freezer for workers experiencing dehydration and heat stress
- » Essential electrolytes for fast hydration and good health
- » Sugar free, caffeine free, gluten free, low sodium, great taste
- » Low cost per serve
- » Hygienic single serve packaging
- » Perfect for portion control and low cost hydration
- » BRC Global Food Safety Certified product
- » Made with sucralose, a safe artificial sweetener – DOES NOT CONTAIN ASPARTAME

## An exciting, fun, healthy treat with electrolyte replenishment!

These electrolyte pops go beyond flavoured sugar water treats or brands. **Sqwincer® Sqweeze® Zero Electrolyte Freezer Pops** are a fun, and super effective way to cool you down while replenishing essential electrolytes. Regardless of the lifestyle, worksite or the weekend, everyone needs hydration, and no two individuals are alike. Water alone can't put back the necessary electrolytes the body needs when rehydrating. When you need quick hydration on the job, reach for the unique frozen solution designed to help you replace what the body sweats out – all while being 98% sugar free. Sqwincer Sqweeze Zero are the perfect way to stay hydrated while working in harsh conditions. The multi flavours (Dragon Fruit, Mixed Berry, Punch, Orange and Watermelon) are individually wrapped (89ml) and a convenient way to combat heat stress on the worksite. Each pop contains a blend of electrolytes and minerals to help maintain energy levels, support hydration and support muscle performance. Sqweeze Pops are a frozen electrolyte-enhanced popsicles and are a great way to replenish lost fluids and electrolytes while providing a delicious and refreshing treat. With low sugar, no fat, low calorie, and only 20 calories per pop, Sqwincer Sqweeze Zero is a healthy and convenient way to keep your energy levels up and your body functioning at its best.

### EDUCATING WORKERS TO THE DANGER OF DEHYDRATION

**DECLINE IN PRODUCTIVITY**

Mild dehydration, loss of 2% body mass or more can cause a decrease in performance of up to 50%. Symptoms create dangerous working environments.

**HEAT INJURY OR ILLNESS**

Heat injury or illness can take hold if you don't drink enough while you're active and perspiring heavily. Injuries and illnesses range from mild heat cramps to heat exhaustion and life-threatening heatstroke.

**URINARY AND KIDNEY PROBLEMS**

Urinary and kidney issues can arise after repeated or prolonged periods of dehydration. Common issues include urinary tract infections, kidney stones, and kidney failure.

**HYPVOLEMIC SHOCK**

One of the most serious and life-threatening complications arising from dehydration is hypovolemic shock, or low blood volume shock. It happens when you lose more than 20% of your blood or fluid supply, which prevents the heart from pumping enough blood to keep the body running.

**SEIZURE AND LOSS OF CONSCIOUSNESS**

It can lead to organ failure and requires immediate emergency medical attention.

**DECREASED COGNITIVE AND MOTOR SKILLS**

Dehydration reduces concentration and reaction time, resulting in decreased cognitive and motor skills. Studies show that it only takes 2 percent dehydration to cause impaired performance in tasks that require attention, motor, and memory skills.

Sqwincer® is an electrolyte enhanced beverage for effective hydration and is the recognised leader in providing hydration solutions to hot workplaces, to help reduce heat related illness and accidents. Keep your workers safe & productive with Sqwincer® hydration that works.

**UOM**

10 x Sqweeze Zero Pops p/pack

15 x Sqweeze Zero Packs p/carton


**SCAN TO  
ORDER**

| PART NO.    | DESCRIPTION                            |
|-------------|----------------------------------------|
| SQ159200232 | Sqwincer Sqweeze Zero - Mixed Flavours |