





# **BACK SUPPORTS & BACK BRACES**

The Ergodyne range of **ProFlex Back Supports** provide lower back support and abdominal support for lifting heavy objects. Tightening the back support belt enhances the body's intra-abdominal pressure and moves the stress away from the spine. When the back support is on correctly, the worker will have additional support for lifting and is more likely to use proper posture. At **Pryme**, *we've got your back*.



### ProFlex® 1600 Standard Elastic Back Support Brace

SKU#

11102

11103

11104

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SIZE

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- SEXTRA-FIRM SUPPORT -Premium 22.9cm all-elastic body provides firm support
- COMFORTABLE Contoured high-cut front panel
- NON-CONDUCTIVE -Polypropylene stays for long-lasting integrity
- SUSPENDERS Adjustable suspenders keep belt in place
- SECURE FIT Rubber track webbing prevents riding up
- SIZING Waist size ranges from 64cm 132cm



## ProFlex® 100HV Economy Spandex Hi-Vis Back Support Brace

SKU#

11882

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SIZE

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- HIGH VISIBILITY Economical hi-vis orange
- NON-CONDUCTIVE Polypropylene stays for long-lasting integrity
- SUSPENDERS Adjustable, detachable suspenders keep belt in place
- FLEXIBLE Stretchable bias binding with zig-zag stitching
- SECURE FIT Rubber track webbing
- SIZING Waist size ranges from 64cm 132cm
- CARE Machine wash cold; air dry



## ProFlex® 1500 Weight Lifters Style Back Support Brace

- COMFORT FIT Durable 900D foam laminated nylon body fabric
- CONTINUOUS SUPPORT –
  Foam lumbar pad
- SUPPORT Rigid foam composition
- STAY PUT DESIGN Rubber track webbing prevents riding up
- LOW PROFILE Comfortable

SKU#	SIZE
11471	S
11472	M
11473	L
11474	XL
11475	XXL

FOR YOUR FREE WORKSITE TRIAL GET IN CONTACT WITH THE PRYME TEAM TODAY.









# **SHOULD**

- // ProFlex® Back Supports should fit snugly around your hips with the front of the support two-fingers width below your navel.
- // The straps should be placed securely on your shoulders without causing tension.
- // The hook & loop fasteners should be closed completely.

REDUCE THE RISK OF BACK INJ

Plan your lift and test the load



**Ask for** help

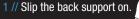


Get a firm footing



**Bend** your knees





2 // Grasp each end of the waistband. Stretch the right end across the left and attach. The upper edge of the waist band should be below the navel. Fasten outer elastic bands loosely at your side.



3 // Adjust straps for a comfortable fit without tension.



4 // Before you lift - grasp the outer elastic bands 🛓 and stretch forward as far as possible.



5 // Secure bands in comfortable position.

Lift with Tighten your legs your stom<u>ach</u> muscles



Keep your back upright

DID YOU KNOW? SPRAINS & STRAINS ARE THE #1 INJURY RESULTING IN DAYS AWAY FROM WORK

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